

Canteen Menu 2023

EFTPOS Available

MONDAY - FRIDAY

SANDWICHES Wholegrain bread

\$3.50 Lettuce, carrot, cucumber, tomato

With one Protein option:

Roast beef, chicken, ham, tuna,

\$5.00 Egg (plain or curried)

Optional Extras

Cheese, beetroot, avocado, mayo .50 ea \$1.00

ROLL or WRAP

MONDAY - FRIDAY

SALAD TRAYS - Please Order Ahead

Plain Salad

Lettuce, carrot, tomato, cucumber \$5.00

With one Protein option:

Chicken, Ham, Roast Beef, Tuna, Egg \$6.00

Chicken Caesar Salad \$6.00 \$6.00 Sushi - 4 pieces

MONDAY - FRIDAY

Chilli Chicken Salad Wrap \$6.00

2 Chicken tenders, lettuce, tomato carrot, cucumber & mayo

\$6.00 **Burgers**

Chicken, Beef, Fish, Vege, lettuce, tomato, cucumber, carrot, mayo or sauce

TUESDAY & THURSDAY

Assorted Pastries from \$3.50 HALAL also available

RECESS 1

Different selection each day

Plain Cheesie \$1.50 Pizza Cheesie \$2.00 Muffins \$3.50

Chicken Nuggets \$3.50 Milo Bar \$1.50 Yogurt \$2.50

Cheese & Crackers \$2.50 Veg Spring Rolls \$3.50 Fresh fruit tub \$4.00 Fresh fruit \$1.00

Nuggets, Spring rolls include sauce

HOT MEALS - DAILY SPECIALS

All \$6.00

Spaghetti Bolognaise

Chicken Curry & Rice

Beef Lasagne

Vegetarian Lasagne

Macaroni Cheese (v)

Fried Rice (v)

DRINKS

from \$2.50

Plain Milk

Water bottle.

Juice box

Soy Milk

Up & Go.

Flavoured Milk \$2.50 / \$4.00 large

Term 2 & 3 - HOT Milo \$2.00

RECESS 2 - HOT FOOD

Monday

Tuesday & Thursday

Wednesday

Friday

Nachos Con Carne \$6-00 Hot Dog & Sauce \$4.00 Pastries from \$3.50

Loaded Wedges \$5.50

Fish, Chips & Salad \$6.00

Pastries: Sausage Roll, Traveller Beef Pie, Potato Top Pie, Vegetarian Option, Halal Pie & Sausage Roll

ICE CREAMS at RECESS 2 ONLY from \$1.50

Paddle Pop, Choc, Rainbow, Fro Yo, Slushies, Icy Fruit Stick

RECESS 2 Orders from 8.30 - 11.30

AVOID DISAPPOINTMENT Order your lunch ©

Prices may change without notice Hot Meals are made on site WASCA Guidelines for Healthy eating